

RECESS		DRINKS	
Ham and Cheese Croissant	5 \$4.00	Nippy's 375ml	\$4.00
Egg, Bacon, Green Leaves, and Aioli N	Muffin \$5.50	Charlie's Juices	\$3.50
Fruit Toast with Riverland Preserve 1 for \$3.50/2 for \$4.50		ICE CREAMS	
Plain Toast with Local Preserve	1 for \$1.50/2 for \$3.00	G elato	\$6.00
Organic Yoghurt	\$3.00	<u>OTHER</u>	
		Variety Chips	\$3.00
SCHOOL APPROVED SNACKS			
C rème Caramel	\$5.00	DAILY SPECIALS (M,Tu,W,Th,F Indicates the days a	vailable)
Panna Cotta	\$5.50	Suchi (V/) (A4)A/ E)	\$7.F0
Chocolate Custard	\$4.00	Sushi (V) (M,W,F)	\$7.50
Lime Cheese Cake	\$3.00	Vietnamese Cold Roll (W)	\$6.50
Fruit Cups	\$3.00	Traditional Meat Balls, Napolitano, Spaghetti and Cheese (Tu)	\$6.50
Piece of Fruit	\$1.00	Thai Style Fried Rice Khao Pad (Tu,W,Th,F)	\$6.50
Air Popped Popcorn	\$2.50	Loaded Jacket Potato with Bolognaise,	
Riverland Almond Bliss Ball	\$3.00	Cheese and Sour Cream (M,Tu,W,Th,F)	
M uffin of the Day	\$4.00	Hand Made Beef Burger, Caramelised Onion, Bacon, Tomato, Beetroot, Lettuce and Cheese (F)	\$6.50
Healthy Raw Bars	\$4.50	Assorted Pastries (M and F)	\$5.00
		Hot Dogs with Cheese and Bacon	\$6.00
SANDWICHES, BAGUETTES, W	RAPS, PANINI, AND	Hot Dogs Plain	\$5.00
FOCACCIA (More varieties on the A		**Various Other Rotating Specials **	Ş3.00
Ham, Cheese, Tomato Toasted Panin	i \$6.00	various Other Rotating Specials	
Chicken Avocado and Salad	\$6.00		
Chicken Caesar Baguette \$8.0			1
Toasted Focaccia with Mediterranear			
Bocconcini and Green Leaves	\$7.00		
Foccacia with Roasted Pumpkin, Cara Ricotta, and Green Leaves	melized Onion, \$7.00	IMPORTANT INFORMATION	
		INTORNATION	
Toasted Panini with Chicken Schnitze Tomato and Ranch Dressing	l, Cheese, \$7.00	 Further dietary allowances are catere 	d for
	*****	on the app or contact Grab and Go di	rectly.
SALAD - BUDDAH BOWLS \$8.00		 Food ordering can either be via the Q 	
SALAD - BUDDAH BOWLS Orzo, Chorizo and Spinach		App or directly from the canteen at re	ecess or
Quinoa, Fetta, Pomegranate, Tomato, and Cucumber		lunch time.	
Roast Pumpkin, Sundried Tomato, Green Leaves, Fetta		 App pre-orders must be in by 9.00am on the day of collection. 	
Warm lamb Yiros Salad, Tabouleh and Yoghurt		 The complete menu options are not 	
Sweet Potato, Chickpea Avocado, Freekah		guaranteed when ordering directly from the	
		canteen due to availability.	

Chicken Caesar

Chicken Pesto, Pasta

canteen, due to availability. RHS Canteen Services are outsourced by local company Grab and Go. All enquiries regarding canteen services should be directed to 0416 122 559.